

## Activities to Complete to Earn My Rewards Dollars

Activity	My Rewards Dollars Earned	Times per Year
<b>Community Engagement</b>		
Complete job skills training	\$25	Up to 2
Education or GED class	\$25	Up to 2
Job Application/Job Search	\$5	Up to 12
Participate in permitted community service activity	\$10	Up to 5
Pass GED exam	\$100	1
Register with Career Center and complete goals assessment	\$150	1
<b>Education and Training</b>		
Complete a My Rewards online course (one-time credit per course per year; take as many courses as available)	\$25	1
Complete First Steps Program	\$50	1
Complete HANDS program	\$50	1
Complete HANDS program home visit	\$25	4
Participate in Moving Beyond Depression (MBD)	\$50	1
Participate in Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)	\$25	4
<b>Healthy Behaviors</b>		
Avoid inappropriate Emergency Room visits for a year	\$100	1
Complete Health Risk Assessment with MCO	\$150	1
Complete smoking cessation program	\$50	Up to 2
Follow-up visit with physician after Emergency Room visit	\$25	Up to 2
Participate in substance use disorder counseling service	\$25	Up to 8
<b>Preventive Activities</b>		
Adult comprehensive dental exam	\$50	1
Adult comprehensive vision exam	\$50	1
Annual Physical	\$100	1
Colonoscopy or colorectal screening (aged 50-64)	\$50	1
Flu shots	\$50	Up to 2
HIV Screening	\$50	1
Mammogram (female / 40 or older)	\$50	1
Pap smear with HPV testing (female / 21 or older)	\$50	1
Well-child, dental or vision exam (dependent child)	\$50	Up to 4